

CHRIST'S COMMISSION FELLOWSHIP

# Glorious *Hope*

A 20-week journey toward life transformation, restored relationships, and freedom from deep-seated hurts — guided by trained discipler life coaches.

# What is *Glorious Hope*?

*A program that equips individuals with life skills to help them understand themselves better, improve their relationships, and experience meaningful life change.*

Glorious Hope is a discipleship tool that equips participants to exercise their victory over common life problems. Through a safe, structured, and welcoming environment, it encourages openness, self-discovery, and personal growth.

**20**

WEEKS

**12**

STEPS

**17**

LESSONS

The ministry began in 1998 as *Turning Point* addressing drug dependence and addiction. It became *Precious Hope* in 1999, and *Glorious Hope* in 2005 — evolving continuously to fit the Filipino culture and a broader range of life struggles.

# Vision & *Mission*

## Vision

Thousands of Spirit-filled life coaches, equipped to work with God in proclaiming the Gospel to people with hurts, habits, and hang-ups.

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*Luke 4:18-19 — "He has sent me to proclaim release to the captives... to set free those who are oppressed."*

## Mission

To comfort people the way God comforted us, so that they also can comfort others.

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*2 Cor. 1:3-4 — "...the Father of mercies and God of all comfort, who comforts us in all our affliction."*

*"The Glorious Hope Program is a very welcome tool that can help an individual become more aware of his/her issues in the setting of a safe support group — a holistic Bible-based program that addresses body, mind, and spirit."*

MONINA GARDUNO-CRUZ, M.D. — HEAD OF PSYCHOLOGY, ST. LUKE'S MEDICAL CENTER

# The 12 *Steps*

The 12 Steps are progressive principles built upon each other. Simple and practical in application — nobody graduates, because recovery is a continuing lifestyle.

1

## **ACCEPTANCE**

We admitted we were powerless — our lives had become unmanageable.

2

## **HOPE**

We came to believe that God through Jesus Christ could restore us.

3

## **WILLINGNESS**

We made a decision to turn our lives and wills over to our Lord Jesus Christ.

4

## **PERSONAL INVENTORY**

We made a searching and honest moral inventory of ourselves.

5

## **ACCOUNTABILITY**

We fearlessly admitted to God and another person the nature of our wrongs.

6

## **REFLECTION**

We were entirely ready for God to remove all our defects of character.

7

## **HUMILITY**

We humbly asked God to remove our shortcomings.

8

## **VALUE RELATIONSHIP**

We listed all persons we had harmed and became willing to make amends.

9

## **TAKE RESPONSIBILITY**

We made direct amends to such people whenever possible.

10

## **PURPOSE**

We continued taking personal inventory and promptly admitted when wrong.

11

## **SPIRITUAL GROWTH**

We sought to improve our conscious contact with God through prayer and meditation.

12

## **GIVE BACK**

Having experienced transformation, we practice these principles and carry His message.

# Three *Workbooks*

The 17 lessons are packaged across three workbooks, each representing a distinct stage of the journey.

## WORKBOOK 1 • RELATIONSHIP WITH GOD

### **Shedding the Old Self**

Helps participants acknowledge that God is powerful yet loving and wants to heal them. Prepares them for honest self-examination in the next stage.

## WORKBOOK 2 • RELATIONSHIP WITH OTHERS

### **Growing Into the New Self**

Explores hidden resentments, distorted fears, false guilt, and shame. Assesses character formed through the years, leading toward reconciliation.

## WORKBOOK 3 • PURPOSE FROM GOD

### **Living Out Your Mission**

Focuses on service. Helps participants discover their life's purpose and mission — so God's glory shines through their transformed lives.

# Who Can *Join?*

*Glorious Hope is open to anyone who wants to grow — adults, families, and leaders alike.*



## **Adults**

Ages 14 and above. Open to all regardless of background, belief, or life situation.



## **Families**

Equipped to respond to marital conflict, rebellious children, and emotional disconnection.



## **Leaders**

Pastors, professionals, and church workers equipped with life coaching and mentoring skills.

Each participant is guided by a trained life coach — someone who has completed the program themselves and is equipped to mentor others. Coaching others becomes part of the coach's own ongoing therapy.

# You Are Not *Alone*

Glorious Hope addresses a wide range of personal struggles. If you recognize yourself in any of these, you are welcome here.

• Alcoholism

• Anger

• Codependency

• Depression

• Drug Addiction

• Eating Disorders

• Abuse Effects

• Family Dysfunction

• Food Addiction

• Gambling

• Grief & Loss

• Internet Addiction

• Love Addiction

• Sexual Addiction

• Guilt & Shame

• Workaholism

• Low Self-Esteem

• Compulsive Debt

# Frequently *Asked*

## Q How long is the program and what is the fee?

The program runs for 20 weeks, one session per week. The registration fee is ₱1,000, which covers workbooks, lesson videos, and Zoom access if you're in an online group.

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## Q Is the program online or face-to-face?

Both formats are available. When registering, you can choose the schedule that fits your preference — Zoom or in-person.

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## Q How do I register?

Register at [glorioushope.org.ph/register](https://glorioushope.org.ph/register). After submitting the form, you'll receive further instructions via email, and can track your schedule and payment status on the participant dashboard.

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## Q When does the next batch start?

Schedules are typically announced around March to April each year. Slots fill up quickly on a first-come, first-served basis.

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## Q Can I change my schedule after registering?

Schedule changes are only allowed if there's an available slot in your preferred new schedule. Once a change is approved, it's final.

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## Q Does Glorious Hope offer counseling?

Glorious Hope is a group-based discipleship program, not a counseling service. For urgent concerns, reach out to [info@glorioushope.org.ph](mailto:info@glorioushope.org.ph).

READY WHEN YOU ARE

# Take the *First Step*

Recovery is for everybody. Join thousands who have walked this journey and experienced real, lasting transformation.

Questions? Email [info@glorioushope.org.ph](mailto:info@glorioushope.org.ph) · +63 939 924 4596

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