

CHRIST'S COMMISSION FELLOWSHIP

Glorious *Hope*

A 20-week journey toward life transformation, restored relationships, and freedom from deep-seated hurts — guided by trained discipler life coaches.

What is *Glorious Hope*?

A program that equips individuals with life skills to help them understand themselves better, improve their relationships, and experience meaningful life change.

Glorious Hope is a discipleship tool that equips participants to exercise their victory over common life problems. Through a safe, structured, and welcoming environment, it encourages openness, self-discovery, and personal growth.

20

WEEKS

12

STEPS

17

LESSONS

The ministry began in 1998 as *Turning Point* addressing drug dependence and addiction. It became *Precious Hope* in 1999, and *Glorious Hope* in 2005 — evolving continuously to fit the Filipino culture and a broader range of life struggles.

Vision & *Mission*

Vision

Thousands of Spirit-filled life coaches, equipped to work with God in proclaiming the Gospel to people with hurts, habits, and hang-ups.

Luke 4:18-19 — "He has sent me to proclaim release to the captives... to set free those who are oppressed."

Mission

To comfort people the way God comforted us, so that they also can comfort others.

2 Cor. 1:3-4 — "...the Father of mercies and God of all comfort, who comforts us in all our affliction."

"The Glorious Hope Program is a very welcome tool that can help an individual become more aware of his/her issues in the setting of a safe support group — a holistic Bible-based program that addresses body, mind, and spirit."

MONINA GARDUNO-CRUZ, M.D. — HEAD OF PSYCHOLOGY, ST. LUKE'S MEDICAL CENTER

The 12 *Steps*

The 12 Steps are progressive principles built upon each other. Simple and practical in application — nobody graduates, because recovery is a continuing lifestyle.

1

ACCEPTANCE

We admitted we were powerless — our lives had become unmanageable.

2

HOPE

We came to believe that God through Jesus Christ could restore us.

3

WILLINGNESS

We made a decision to turn our lives and wills over to our Lord Jesus Christ.

4

PERSONAL INVENTORY

We made a searching and honest moral inventory of ourselves.

5

ACCOUNTABILITY

We fearlessly admitted to God and another person the nature of our wrongs.

6

REFLECTION

We were entirely ready for God to remove all our defects of character.

7

HUMILITY

We humbly asked God to remove our shortcomings.

8

VALUE RELATIONSHIP

We listed all persons we had harmed and became willing to make amends.

9

TAKE RESPONSIBILITY

We made direct amends to such people whenever possible.

10

PURPOSE

We continued taking personal inventory and promptly admitted when wrong.

11

SPIRITUAL GROWTH

We sought to improve our conscious contact with God through prayer and meditation.

12

GIVE BACK

Having experienced transformation, we practice these principles and carry His message.

Three *Workbooks*

The 17 lessons are packaged across three workbooks, each representing a distinct stage of the journey.

WORKBOOK 1 • RELATIONSHIP WITH GOD

Shedding the Old Self

Helps participants acknowledge that God is powerful yet loving and wants to heal them. Prepares them for honest self-examination in the next stage.

WORKBOOK 2 • RELATIONSHIP WITH OTHERS

Growing Into the New Self

Explores hidden resentments, distorted fears, false guilt, and shame. Assesses character formed through the years, leading toward reconciliation.

WORKBOOK 3 • PURPOSE FROM GOD

Living Out Your Mission

Focuses on service. Helps participants discover their life's purpose and mission — so God's glory shines through their transformed lives.

Who Can *Join?*

Glorious Hope is open to anyone who wants to grow — adults, families, and leaders alike.



Adults

Ages 14 and above. Open to all regardless of background, belief, or life situation.



Families

Equipped to respond to marital conflict, rebellious children, and emotional disconnection.



Leaders

Pastors, professionals, and church workers equipped with life coaching and mentoring skills.

Each participant is guided by a trained life coach — someone who has completed the program themselves and is equipped to mentor others. Coaching others becomes part of the coach's own ongoing therapy.

You Are Not *Alone*

Glorious Hope addresses a wide range of personal struggles. If you recognize yourself in any of these, you are welcome here.

- Alcoholism

- Anger

- Codependency

- Depression

- Drug Addiction

- Eating Disorders

- Abuse Effects

- Family Dysfunction

- Food Addiction

- Gambling

- Grief & Loss

- Internet Addiction

- Love Addiction

- Sexual Addiction

- Guilt & Shame

- Workaholism

- Low Self-Esteem

- Compulsive Debt

Frequently *Asked*

Q How long is the program and what is the fee?

The program runs for 20 weeks, one session per week. The registration fee is ₱1,000, which covers workbooks, lesson videos, and Zoom access if you're in an online group.

Q Is the program online or face-to-face?

Both formats are available. When registering, you can choose the schedule that fits your preference — Zoom or in-person.

Q How do I register?

Register at glorioushope.org.ph/register. After submitting the form, you'll receive further instructions via email, and can track your schedule and payment status on the participant dashboard.

Q When does the next batch start?

Schedules are typically announced around March to April each year. Slots fill up quickly on a first-come, first-served basis.

Q Can I change my schedule after registering?

Schedule changes are only allowed if there's an available slot in your preferred new schedule. Once a change is approved, it's final.

Q Does Glorious Hope offer counseling?

Glorious Hope is a group-based discipleship program, not a counseling service. For urgent concerns, reach out to info@glorioushope.org.ph.

READY WHEN YOU ARE

Take the *First Step*

Recovery is for everybody. Join thousands who have walked this journey and experienced real, lasting transformation.

Questions? Email info@glorioushope.org.ph · +63 939 924 4596

3F CCF Center, Frontera Verde, Pasig City